

## EXECUTIVE MEMBER DECISION FORM

**DECISION TO BE TAKEN BY:** Executive Member for Adult Social Care & Public Health

**KEY DECISION YES**

**PORTFOLIO AREA:** Adult Social Care & Public Health

**PORTFOLIOS AFFECTED:** ADULT SOCIAL CARE & PUBLIC HEALTH

**WARDS AFFECTED:** ALL WARDS

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**SUBJECT:** Proposal to re-commission Tier 2 weight management services

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### 1. RECOMMENDATION:

The Executive Member for Adult Social Care and Public Health is requested to:

- a) agree a maximum budget of £1,300,000 for an initial three year contract (2016-2019), with an option for two further one year extensions for a weight management service.
- b) authorise the Director of Public Health secure these services within the Council's Contract Procedure Rules, and to take appropriate action in respect of ensuring effective implementation of the service.

### 2. REASONS FOR THE DECISION

2.3 The Council currently commissions two Tier 2 adult weight management services as follows:

- Wirral NHS Community Trust, through their *Livewell programme*, provide an adult weight management programme for 16 year olds and over with a BMI of 35<sup>1</sup> and above
- *Measure Up* an adult weight management programme provided by the 5 Borough Partnership NHS Trust, focuses on overweight adults (generally with a BMI of less than 35)

A summary of the two services is provided in appendix 1.

2.4 The current annual budgets for the two services are Livewell, £556,745; Measure Up £87,424. The overall costs and value for money represented by the two services vary widely. However, it should be noted

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<sup>1</sup> The main measure of obesity is the Body Mass Index (BMI) defined as weight (kg) divided by the square of height (m<sup>2</sup>), whereby a BMI of 25-30 is classed as overweight; a BMI of over 30 as obese.

that direct comparisons of cost and outcome are not valid as the two services have distinct elements.

- 2.5 The Livewell programme has encountered difficulties in achieving the targets set for it. Consultation with local people as detailed in section 5 of this report has indicated that they would prefer a more flexible model to help them lose weight.
- 2.6 It is proposed to re-commission the weight management service for an initial term of three years (1<sup>st</sup> April 2016 to 31<sup>st</sup> March 2019) with the option for two further one year extensions at a maximum value of £1.3M (£260,000 per annum).
- 2.7 The proposed re-commissioning of services will provide an opportunity for commissioners to have a refreshed and clearer view of the funding model and to discuss delivery of some elements of the service on the basis of tariff or payment by results.

### 3. STATEMENT OF COMPLIANCE

The recommendations are made further to legal advice from the Monitoring Officer and the Section 151 Officer has confirmed that they do not incur unlawful expenditure. They are also compliant with equality legislation and an equality analysis and impact assessment has been completed. The recommendations reflect the core principles of good governance set out in the Council's Code of Corporate Governance.

### 4. DECLARATION OF INTEREST

There are no conflicts of interest.

<b>Signed:</b>  <b>Executive Member: Cllr Chris Jones</b> <b>Date: 8 July 2015</b> <b>Also present:</b>	<b>Signed:</b>  <b>Chief Officer: Fiona Johnstone</b> <b>Date: 8 July 2015</b>
<b>Date of Senior Policy Team Meeting(s):</b>	

**A list of background papers on this issue is held with:**

Contact Officer: Julie Webster, Head of Public Health  
Date: 8 July 2015

**Date of Publication:**

**Date of Expiry of Call-In Period:**